



Atascocita High School Sports Medicine

13300 Will Clayton Pkwy. • Humble, Texas 77346 • (281) 641-7500

Dear Parent/Guardian:

In order for band students to participate each year, they must complete all Humble ISD and UIL participation forms online through Rank One, turn in a physical form to the staff athletic trainer, and be cleared by the athletic trainer in the Rank One database.

Physical- Physicals must be done on the Humble ISD physical form. This can be found on the Sports Medicine web page or with the staff athletic trainers. The form must be filled to completion with parent and doctor signatures and a valid date. Physicals for the 2022-2023 school year must be dated on or after February 1, 2022 or they will not be accepted. If a parent/guardian checks the box electing to have an ECG done for their child, the physical must be turned in with ECG clearance in order to be accepted by the athletic trainers. If the doctor performing the physical marks the box requiring additional evaluation for something, additional clearance paperwork for that evaluation must be turned in with the physical form in order to be accepted by the athletic trainers.

Rank One- Forms can be found on the Rank One website at www.rankonesport.com. Parents will click on the button marked "PARENTS CLICK HERE" and follow the step-by-step instructions to find the Humble ISD forms. Once all forms are completed, the staff athletic trainers will be able to see that they are completed in the student's Rank One profile. The Rank One forms will roll over for the new school year sometime around mid-May. Once this happens, the staff athletic trainers will let the directors know so that they can spread the word to their students and parents.

Please contact us if you have any questions!

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